

**WAIVER MUST BE READ,  
SIGNED AND RETURNED  
WITH ENTRY**

I acknowledge that a multi-sport event is a significant test of a person's physical and mental capabilities and carries with it the potential of injury or property loss. I hereby assume the risks of participating in this event, I certify that I am capable of completing all disciplines of the event, and that I am physically fit, and sufficiently trained. I agree to hold harmless any and all persons, sponsors, volunteers, participants, or government agencies for any and all claims or liabilities that I have waived, released, or discharged herein.

Name \_\_\_\_\_  
Signature \_\_\_\_\_  
Date \_\_\_\_\_

For office use: staff int.  
\_\_\_\_\_



**Triathlon**